

**Criteria:**

Please submit a one (1) page (500 word max) essay outlining how you demonstrate academic aspiration and strive to sustain an optimal level of wellness in spite of your IBD, allowing you to excel to reach your personal and academic goals and inspiring others to do the same.

Some questions to consider in your essay:

- Why is education important to you? What are some of your academic aspirations?
- How do you maintain your health while in school? What are some of the challenges?
- What are our personal and academic goals, both long term and short term?
- How you inspire others through community and school involvement?
- How you would benefit from the scholarship financially and psychologically?

**Please note, essays that exceed one (1) page (500 words) will not be eligible for consideration.**

**Rating Scale:**

10 = Excellent    9 = Very Good    8 = Good    7 = Above Average    6 = Average  
5 = Neutral    4 = Satisfactory    3 = Fair    2 = Poor    1 = Extremely Poor

|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|--|---|---|---|---|---|---|---|---|---|----|
| <b>Section 1: Essay Composition</b>            |   |   |   |   |   |   |   |   |   |    |
| Degree of empowerment and impact               |   |   |   |   |   |   |   |   |   |    |
| Level of personal achievement                  |   |   |   |   |   |   |   |   |   |    |
| Effort to sustain an optimal level of wellness |   |   |   |   |   |   |   |   |   |    |
| Originality and creativity                     |   |   |   |   |   |   |   |   |   |    |
| Spelling, grammar and ease of read             |   |   |   |   |   |   |   |   |   |    |
| Economic need                                  |   |   |   |   |   |   |   |   |   |    |
| <b>Section 2 : Personal Recommendation</b>     |   |   |   |   |   |   |   |   |   |    |
| Quality of recommendations                     |   |   |   |   |   |   |   |   |   |    |
| Creditability of sources                       |   |   |   |   |   |   |   |   |   |    |

## Selection Committee Criteria Definitions

### Section 1: Essay Composition

Degree of empowerment and impact on others:

- Does the applicant's actions provide them and others with motivation?
- Has the applicant demonstrated leadership and role-model type qualities?
- Has the applicant participated in activities to bring awareness to the IBD community?
- Has the application participated in other volunteer endeavors?

Level of personal achievement:

- Has the applicant conveyed their goals, both academic and personal?
- Did the applicant have to overcome obstacle and challenges leading up to now?
- Is the applicant satisfied with their accomplishments or did they proceed to set higher goals for themselves?

Effort to sustain an optimal level of wellness:

- Does the applicant strive to maintain an optimal level of wellness?
- Has the applicant demonstrated active disease management to maintain their wellness?

Originality and creativity:

- Does the applicant demonstrate qualities that may not fall under other categories?
- Does the essay include a 'wow' factor?

Spelling, grammar and ease of read:

- Does the application utilize proper spelling, grammar and sentence structure?
- Does the essay flow in a logical manner?

Economic need:

- Does the applicant share other circumstances that require them to obtain financial assistance?

### Section 2: Personal Recommendation

Quality of recommendations:

- How well does the letter of reference highlight the applicant's achievements?
- Does the reference include examples of the applicant's determination, positivity and leadership?

Credibility of sources:

- Is the reference a reliable source?
- Does the reference have any personal bias towards the student (parent, friend, etc.)?
- Has the reference known the student for an extended period of time?